### **Bacteria**, **Beaches**, and **Public Health**





Benzie-Leelanau District Health Department Caring for our Communities

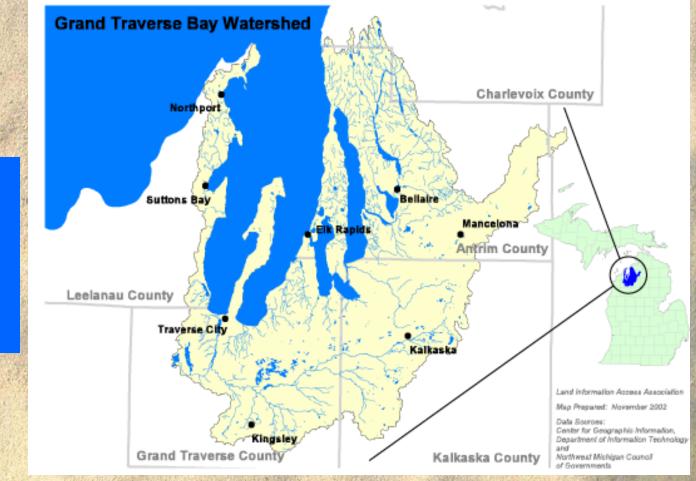
Tom Fountain, R.S. Environmental Health Director BLDHD



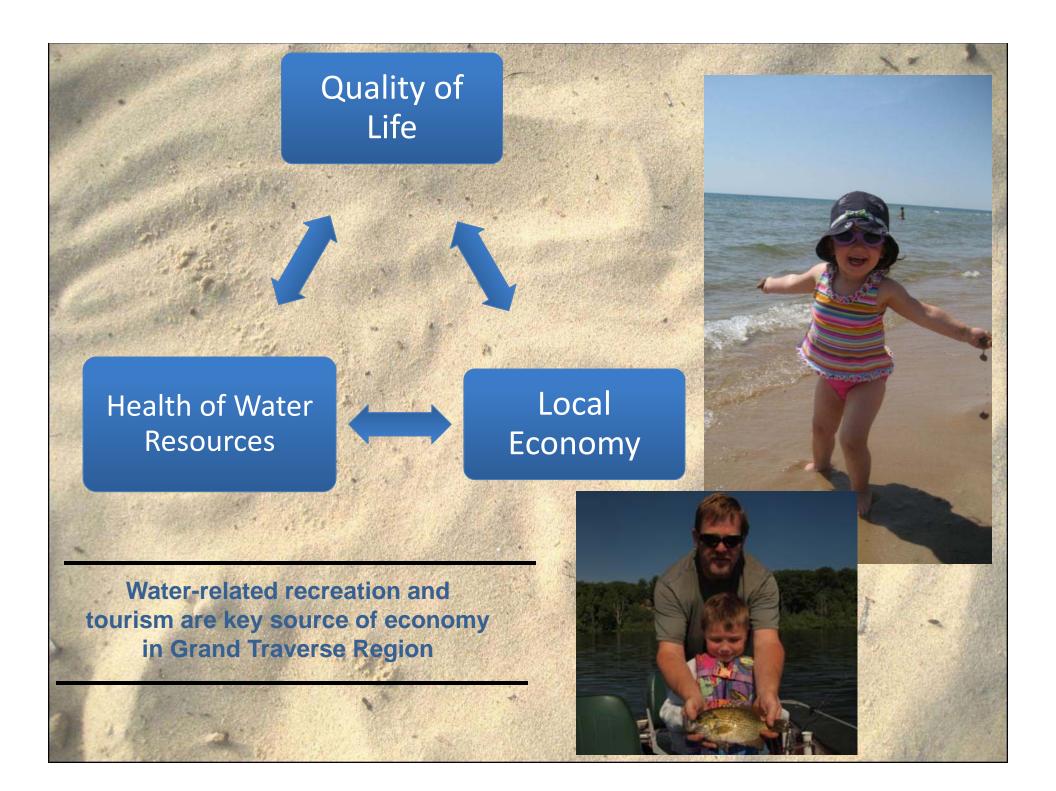
Sarah U'Ren Program Director The Watershed Center GT Bay

### **Our Mission:**

The Watershed Center advocates for clean water in Grand Traverse Bay and acts to protect and preserve the Bay's watershed



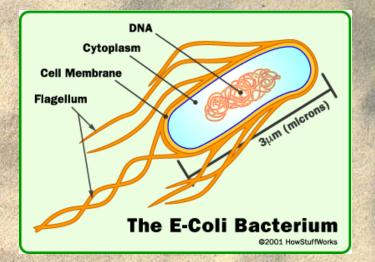
- 973 square miles
- 132 Miles of Shoreline
- 4 Counties, 44 townships, 11 municipalities



## Pathogens and Bacteria at Beaches

#### **Pathogens and Bacteria**

- Pathogens: Organisms that cause disease bacteria, viruses, protozoa
  - Present in water, hazardous to public health
- E.Coli is commonly measured as indicator of fecal contamination which contains pathogens
  - Kinds measured in recreational water do not generally cause disease
  - Indicator for the presence of other disease causing pathogens
  - EPA studies: When E. coli in fresh water exceeds water quality standards, swimmers are at increased risk of developing gastroenteritis (stomach upsets) from pathogens carried in fecal pollution





### **Sources of Pathogens and Bacteria at Beaches**

- Stormwater is major pathway for E.coli to enter water
  - Pet waste, ducks/geese, animals in catch basins, parking lot runoff, human waste (leaking sanitary or septics)
  - Storm drain pipes good medium for cultivating bacterial growth
  - Beaches in urban areas frequently located next to or near stormdrain outlets
- Direct illicit connections to surface water and/or discharges to shallow groundwater



Many sources of Pathogen contamination to stormwater runoff





2007 – Great Lakes Beach Sanitary Survey Pilot Project

- Investigated potential sources of contamination at beaches
- Local monitoring shows extremely high E.coli in storm drains
- GTBay beach advisories related to storm events

#### E.Coli monitoring data (col/100mL collected by TWC for storm drains

	July 2012	July 2012	Aug 2012	Sept 2012
Bryant Park	61,300	21,430	241,920	198,630
East Bay Park (north)	14,700	19,180	19,350	241,920
Sunset Park	130,000	5,760	111,990	7,890
West End (east)	1,200	1,850	19,180	
West End (west)	4,400	1,850	5,460	12,740
Suttons Bay – Grove	14,500	1,220		
Suttons Bay – Madison	480,000	41,060		
Suttons Bay – Broadway	10,500	300		

\*All these drain outlets are located next to or near public beaches

\*\* Keep in mind a beach water reading of 300 col/100mL spurs an Advisory

#### **Water Quality Standards**

#### **MI Water Quality Standards:**

Water is considered unsafe for swimming if...

- 300 E. coli per 100mL of water are present in a single sample
- More than 130 E. coli are present in 100mL of water in 5 samples over 30 days



Monitoring Water Quality at Public Beaches

The Grand Traverse County Health Department and The Watershed Center Grand Traverse Bay monitor this beach for E.coli bacteria levels.

The attached pamphlet has additional information.

#### Water Quality Advisory In Effect Today

It is recommended that users do not swim or have contact with the water. Other recreational activities on this beach are still available. Additional water samples are being analyzed and once the E. coli levels return to acceptable levels the advisory will be lifted.

Grand Traverse County Health Department

(231) 995-6051

Water quality monitoring sign for GT County beach

### **Beach Advisory System**

Level 1	No tag: E.Coli levels meet MDEQ standards for full body contact
	Yellow tag: E.Coli levels meet MDEQ standards for wading, fishing, and boating. Contact above the waist not advised. E.coli measured: 300-999 col/100mL
Level 3	Red tag: E.Coli levels exceed MDEQ standards no body contact advised. <i>E.coli measured: above 1,000 col/100mL</i>
Level 4	Red tag: Health Alert. E.Coli levels and/or know gross contamination of beach waters. Avoid contact with beach waters.
Adopted by the	Benzie/Leelanau District Health Department
Post a water qua	ality index on a scale of 1 to 4 each week, depending of the contamination
Level 2 or highe acceptable level	$r \rightarrow$ affected surface waters will be monitored until ls reached
. Carlo and the	

### **Leelanau County Beaches Tested**

#### **Great Lakes Beaches:**

- Empire Beach
- Frankfort Beach
- Northport Marina Beach
- Suttons Bay South Shore Park
- Suttons Bay Marina Park Beach
- Greilickville Harbor Park
- Omena Beach (only 2016)

#### **Inland Lake Beaches:**

- South Bar Lake
- Neddow Beach (Lake Leelanau)

#### **FUNDING:**

- DEQ BEACH Program
- DEQ Clean Michigan Initiative
- GT Band
- Local townships



Suttons Bay South Shore Park Photo courtesy of VRBO.com

**Empire Public Beach** 

Photo courtesy of Interlochen Public Radio

### .... Results

Beach	2016	2015	2014	2013	2012
Empire Beach	0	1	0	0	0
Frankfort Beach	0	0	0	0	0
Northport Marina Beach	1	1	0	0	0
Suttons Bay South Shore Park	2	0	1	0	0
Suttons Bay Marina Park	0	1	1	0	0
Greilickville Harbor Park	2	0	n/a	n/a	n/a
	the start				C Production
Beach	2016	2015	2014	2013	2012
South Bar Lake	0	0	n/a	0	n/a
Neddows Beach	0	0	n/a	0	n/a

All Level 2 Advisories, no Level 3

# **Reducing Your Risk**

### **Reducing Your Risk – Stormwater Reduction**

Reduce stormwater runoff from urban areas and your lawn using <u>"Green Infrastructure"</u> techniques

- Small-scale stormwater management practices utilized onsite
- Work with nature to reduce runoff and pollutants from a site
- Reducing the amount of stormwater leaving a site, reduces pollutants (like pathogens)



#### "Green Infrastructure" Includes...

- Biodetention/retention swales and basins
- Rain gardens
- Rain barrels
- Pervious Pavement
- Underground Infiltration
  - .... And more!

### **Reducing Your Risk – Shoreline Buffers**

Install a shoreline buffer or greenbelt to discourage nuisance animals (Canada Geese)



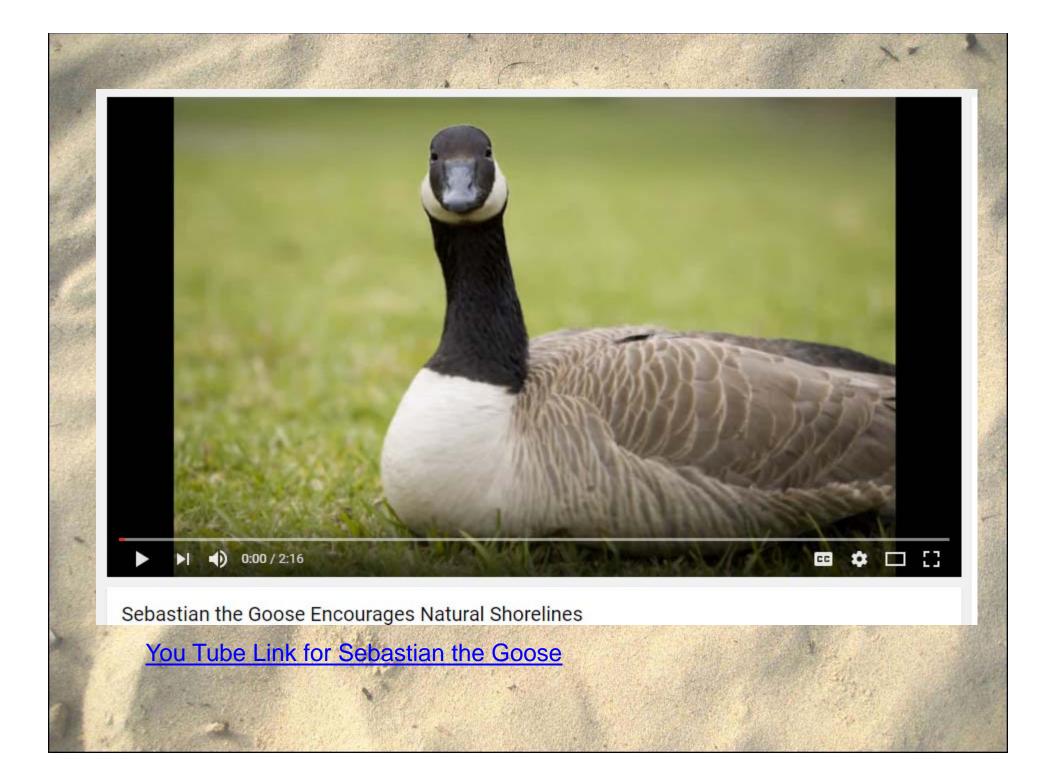
Geese are grazers and love open expansive lawns up to edge of lake

#### Lawns:

- Provide constant supply of food
- No barriers
- No hiding places for predators
- Droppings contain E.Coli and other harmful bacteria... wash into beach water during rain

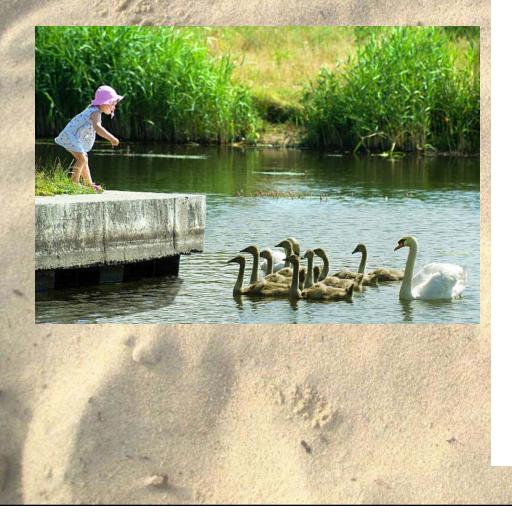
A <u>greenbelt</u> is simply a strip of natural vegetation such as native plants, tall grasses, shrubs and trees planted between your lawn and the water. Greenbelt gardens are also called <u>buffers</u>.





### **Reducing Your Risk – Waterfowl Feeding**

Don't feed ducks and other waterfowl at your dock or public beach



#### Can a bird get some privacy?



#### You feed 'em on the beach, they go on the beach.

Please don't feed waterfowl to help reduce E. Coli.



#### **Healthy Beaches**

13272 S. West Bayshore Dr. Traverse City, MI 49684 935.1514 gtbay.org

#### **Reducing Your Risk – Other Tips**

#### GRAND TRAVERSE BAY WATERSHED

### Dig in and help us keep our beaches healthy

#### E. Coli bacteria in water can indicate the presence of viruses and pathogens that can cause illnesses.

Common sources include a than waste, manufacture exercise systems and storm drains. When our water becomes infected with E. Chi and other pathogens, it can contaminate the beaches. We test Grand Traverse Bay beaches weekly for the Coli, Here are easy ways you can help!



WILDLIFE	Don't feed waterfowi. If you feed them on the beach, they go on the beach. Their waste contains E. Coli bacteria.
PETS	Clean up after your pets and dispose of waste in trash.
RESTROOM	Take frequent restroom breaks.
BOATING & RV	Discharge boat and RV waste only at approved disposal sites.
PROPERTY	Properly operate and maintain your septic system.
LITTER	Place litter in trash cans, including cigarette butts.
STORM DRAIN	Don't place anything in storm drains, including litter, cigarette butts and automotive fluids.

YOU FOR HELPING PROTECT OUR UP NORTH WATER QUALITY ~ AND QUALITY OF LIFE!





The Watershed Center advocates for clean water in Grand Traverse Bay and protects and preserves its 976-square-mile watershed. gtbay org

### **Reducing Your Risk – Other Tips**



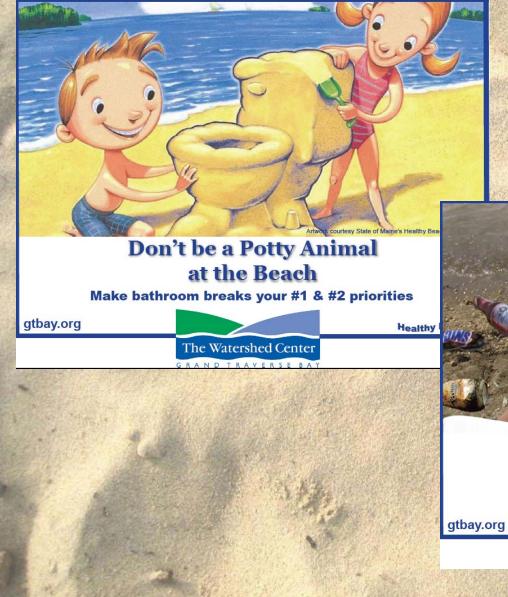






WILDLIFE	Don't feed waterfowl. If you feed them on the beach, they go on the beach. Their waste contains E. Coli bacteria.
PETS	Clean up after your pets and dispose of waste in trash.
RESTROOM	Take frequent restroom breaks.
BOATING & RV	Discharge boat and RV waste only at approved disposal sites.
PROPERTY	Properly operate and maintain your septic system.
LITTER	Place litter in trash cans, including cigarette butts.
STORM DRAIN	Don't place anything in storm drains, including litter, cigarette butts and automotive fluids.

### **Reducing Your Risk – Other Ads**





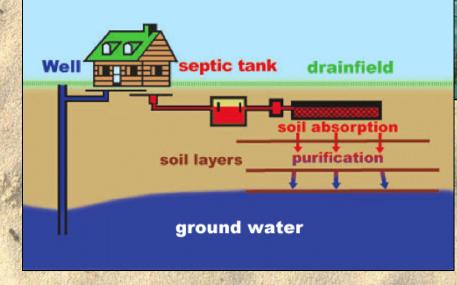
#### Don't Get Trashed at the Beach

Please recycle or throw away your trash



### **Reducing Your Risk – Reduce Nutrient Inputs**

- Excess nutrients cause excess algae growth
  - Dies off and washed onshore
  - Decomposes and harbors E.coli
  - Attracts other animals
  - Aesthetically unpleasing
  - Nuisance to boating
  - Attractive for kids to play with, unsafe
- Nutrient Sources:
  - Fertilizers
  - Septics (leaking and improperly placed)
  - Stormwater runoff



### **Questions?**

Sarah U'Ren Program Director The Watershed Center Grand Traverse Bay 231-935-1514, suren@gtbay.org



Tom Fountain, R.S. Environmental Health Director BLDHD 231-882-2105, tfountain@bldhd.org